



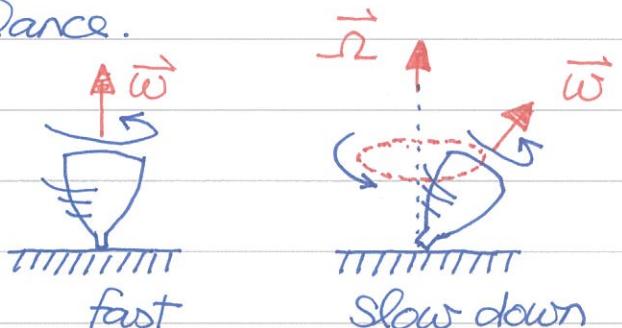
HH0092 How Does a Rotating Top Maintain its Balance?

As demonstrated in class, rotation seems to be of crucial importance for a spinning top to maintain its balance.

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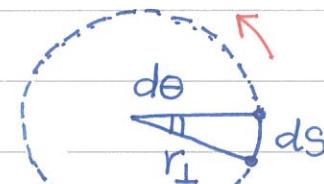
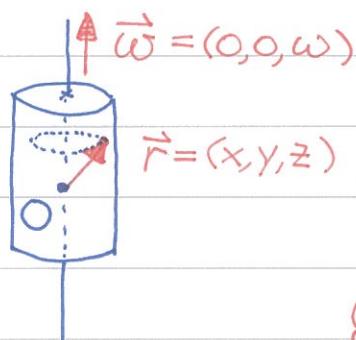
$$\Omega \cdot \omega = \text{const}$$

↑
angular velocity for precession



Why is $\omega \neq 0$ so important for robust balance? Why does precession speed up when the spinning top slows down? Let us start with the rotation of a rigid body.

① Rotation around a fixed axis. Consider a rigid body rotating around the z axis. A point in the rigid body just traces out a circular motion with speed v .



$$v = \frac{ds}{dt} = r_{\perp} \frac{d\theta}{dt}$$

$$= r_{\perp} \omega$$

where $r_{\perp} = \sqrt{x^2 + y^2}$ is

the distance to the

rotation axis. The angular velocity $\omega = d\theta/dt$ is the same for all points in the rigid body even though their velocities are different. We can write the relation in vector form,

$$\vec{v} = \vec{\omega} \times \vec{r} \rightarrow \begin{vmatrix} \hat{i} & \hat{j} & \hat{k} \\ 0 & 0 & \omega \\ x & y & z \end{vmatrix} = (-\omega y, \omega x, 0) = \vec{v}$$

note that $\vec{v} \cdot \vec{r} = 0$
and $\vec{v} \cdot \vec{\omega} = 0$

thus $|\vec{v}| = r_{\perp} \omega$ yes!



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Taking the time derivative to find $\vec{\alpha}(t)$:

$$\vec{\alpha} = \frac{d\vec{\omega}}{dt} = \frac{d\vec{\omega}}{dt} \times \vec{r} + \vec{\omega} \times \frac{d\vec{r}}{dt}$$



$$\vec{\alpha} = \vec{\alpha} \times \vec{r} + \vec{\omega} \times \vec{v}$$

angular acceleration
 $\vec{\alpha} = \frac{d\vec{\omega}}{dt}$

Because the rotational axis is fixed, $\vec{\alpha} \parallel \vec{\omega}$. In consequence,

tangent $\vec{a}_t = \vec{\alpha} \times \vec{r}$

$$a_t = |\vec{a}_t| = r\alpha \sin\theta = r_L \alpha$$

normal $\vec{a}_n = \vec{\omega} \times \vec{v}$

$$a_n = |\vec{a}_n| = |\vec{\omega} \times (\vec{\omega} \times \vec{r})| = r_L \omega^2$$

It is important to emphasize that the above results are valid only if the rotational axis is fixed ☺

① **Rotational EOM.** To describe the rotational dynamics, let us start with the single-particle system.

$$\vec{F} = \frac{d\vec{p}}{dt} \rightarrow \vec{r} \times \vec{F} = \vec{r} \times \frac{d\vec{p}}{dt} \quad \text{Note that } \frac{d\vec{r}}{dt} \times \vec{p} = 0, \\ \text{we can rewrite EOM}$$

$$\vec{r} \times \vec{F} = \vec{r} \times \frac{d\vec{p}}{dt} + \frac{d\vec{r}}{dt} \times \vec{p} = \frac{d}{dt}(\vec{r} \times \vec{p})$$

Thus, it is natural to introduce two vector quantities,

torque

$$\vec{\tau} = \vec{r} \times \vec{F}$$

angular momentum

$$\vec{L} = \vec{r} \times \vec{p}$$

The EOM for rotational dynamics can be written as

$$\vec{\tau} = \frac{d\vec{L}}{dt}$$

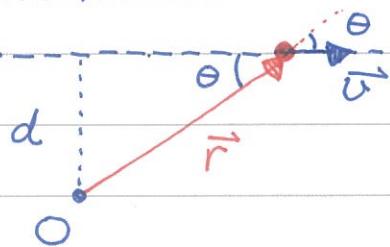
(compared with $\vec{F} = \frac{d\vec{p}}{dt}$, quite similar)

If the torque is zero (not necessarily $\vec{F} = 0$), the angular momentum is conserved ☺





example 1. linear motion. Choose a reference



point O with distance d
to the straight line.

$$L = |\vec{r} \times \vec{v}| = r \cdot m v \cdot \sin\theta = m v d$$

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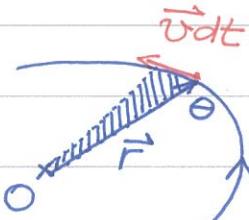
As long as the velocity is constant, the angular momentum is also constant. But its magnitude depends on O.

example 2. Kepler's 2nd law.

Between t and t+dt, the planet sweeps over area dA

$$dA = \frac{1}{2} (v dt) \cdot r \cdot \sin\theta \rightarrow$$

$$\boxed{\frac{dA}{dt} = \frac{1}{2} r v \sin\theta}$$



Because the gravitation force is along the radius direction,

$$\vec{F} = -\frac{GMm}{r^2} \hat{r} \Rightarrow \vec{\tau} = \vec{r} \times \vec{F} = 0 \quad ??$$

It implies that \vec{L} is conserved, i.e. $|\vec{L}| = m r s \in \theta = \text{const.}$

$$\rightarrow \boxed{\frac{dA}{dt} = \frac{L}{2m} = \text{const}} \quad \text{Kepler's 2nd law.}$$

① Angular velocity and angular momentum.

Compare translational and rotational motions

$$\vec{F} = \frac{d\vec{p}}{dt} \leftrightarrow \vec{\tau} = \frac{d\vec{L}}{dt}$$

$$\vec{p} = m\vec{v} \leftrightarrow \boxed{\vec{L} = I\vec{\omega}}$$

Is it true that \vec{L}

and $\vec{\omega}$ are always parallel?

Let us concentrate on single-particle system first and try to find the relation between \vec{L} and $\vec{\omega}$.





Start with the velocity $\vec{v} = \vec{\omega} \times \vec{r}$

$$\vec{\omega} \times \vec{r} = \begin{vmatrix} \hat{i} & \hat{j} & \hat{k} \\ \omega_x & \omega_y & \omega_z \\ x & y & z \end{vmatrix} = (\omega_y z - \omega_z y, \omega_z x - \omega_x z, \omega_x y - \omega_y x)$$

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Move on to angular momentum $\vec{L} = \vec{r} \times \vec{p} = m \vec{r} \times (\vec{\omega} \times \vec{r})$

$$\vec{r} \times (\vec{\omega} \times \vec{r}) = \begin{vmatrix} \hat{i} & \hat{j} & \hat{k} \\ x & y & z \\ \omega_y z - \omega_z y & \omega_z x - \omega_x z & \omega_x y - \omega_y x \end{vmatrix}$$

$$= [(y^2 z^2) \omega_x - xy \omega_y - xz \omega_z] \hat{i}$$

$$+ [-xy \omega_x + (x^2 z^2) \omega_y - yz \omega_z] \hat{j}$$

$$+ [-xz \omega_x - yz \omega_y + (x^2 y^2) \omega_z] \hat{k}$$

It's inspiring to
rewrite the results
in matrix form !!

$$\begin{pmatrix} L_x \\ L_y \\ L_z \end{pmatrix} = \begin{pmatrix} m(y^2 z^2) & -mxy & -mxz \\ -mxy & m(x^2 z^2) & -myz \\ -mxz & -myz & m(x^2 y^2) \end{pmatrix} \begin{pmatrix} \omega_x \\ \omega_y \\ \omega_z \end{pmatrix}$$

In general, \vec{L} and $\vec{\omega}$ are NOT parallel.

$$L_i = \sum_{j=1}^3 I_{ij} \omega_j$$

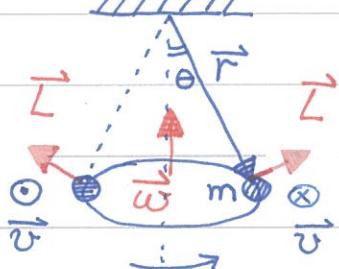
Here $I_{ij} = I_{ji}$ is moment of inertia.

It is a rank-2 tensor: $I_{ij} = -m x_i x_j + m r^2 \delta_{ij}$

example conical pendulum. Treating the problem as circular

motion. $\rightarrow mgtan\theta = m(r \sin\theta) \omega^2$
use

$$\cos\theta = g/r\omega^2 \rightarrow \theta = \cos^{-1}(g/r\omega^2)$$

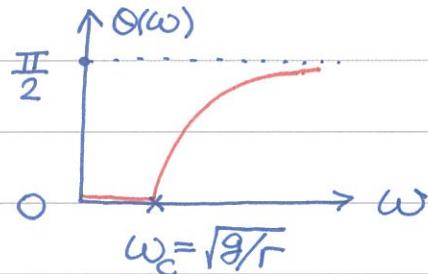


\hookrightarrow It is clear that $\vec{L} \times \vec{\omega}$ here !!



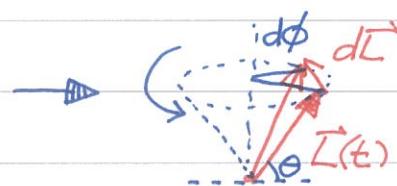
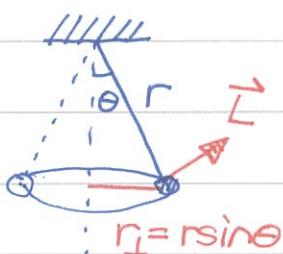


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Plot the conical angle $\theta = \theta(\omega)$ 

$$\omega < \omega_c, \theta = 0$$

$$\omega > \omega_c, \theta = \cos^{-1}(\omega_c^2/\omega^2)$$

Need a minimum angularvelocity ω_c to maintain the conical pendulum with $\theta \neq 0$!Now, try to understand the conical pendulum by $\vec{\tau} = \frac{d\vec{L}}{dt}$.The angular momentum \vec{L} changes with time,

$$d\vec{L} = \vec{L}(t+dt) - \vec{L}(t) \neq 0$$

First of all, the angular momentum is

$$|\vec{L}| = r \cdot p = r \cdot mr_{\perp} \omega = \underline{mr^2 \omega \sin \theta}, \text{ where } r_{\perp} = rsin \theta$$

$$|d\vec{L}| = (L \cos \theta) \cdot d\phi = \underline{L \cos \theta \cdot \omega dt}$$

$$\rightarrow \left| \frac{d\vec{L}}{dt} \right| = L \omega \cos \theta = \underline{mr^2 \omega^2 \cos \theta \sin \theta}$$

On the other hand, the torque caused by gravity is

$$\tau = |\vec{r} \times m\vec{g}| = mg r_{\perp} = \underline{mgsin \theta}$$

One can check that $\vec{\tau}$ and $d\vec{L}/dt$ point in the same direction and the EOM $\vec{\tau} = d\vec{L}/dt$ reduces to $\tau = |d\vec{L}/dt|$.

$$mgsin \theta = mr^2 \omega^2 \cos \theta \sin \theta$$

$$\cos \theta = \frac{g}{r\omega^2}$$

One sees that even rotation around a fixed axis with constant $\vec{\omega}$ can be non-trivial — the angular momentum $\vec{L} = \vec{L}(t)$ is always changing.





① Rotational kinetic energy.

$$K = \frac{1}{2} m (\vec{v} \cdot \vec{v}) = \frac{1}{2} m (\vec{\omega} \times \vec{r}) \cdot (\vec{\omega} \times \vec{r})$$

Make use of the identity for vector products,

$$(\vec{A} \times \vec{B}) \cdot (\vec{C} \times \vec{D}) = (\vec{A} \cdot \vec{C})(\vec{B} \cdot \vec{D}) - (\vec{A} \cdot \vec{D})(\vec{B} \cdot \vec{C})$$

The kinetic energy for a single particle in rotation is

$$\begin{aligned} K &= \frac{1}{2} m [(\vec{\omega} \cdot \vec{\omega})(\vec{r} \cdot \vec{r}) - (\vec{\omega} \cdot \vec{r})(\vec{r} \cdot \vec{\omega})] \\ &= \frac{1}{2} m [r^2 (\omega_x^2 + \omega_y^2 + \omega_z^2) - (x\omega_x + y\omega_y + z\omega_z)^2] \\ &= \frac{1}{2} m [(r^2 - x^2)\omega_x^2 + (r^2 - y^2)\omega_y^2 + (r^2 - z^2)\omega_z^2 \\ &\quad - 2xy\omega_x\omega_y - 2yz\omega_y\omega_z - 2zx\omega_z\omega_x] \end{aligned}$$

$$\rightarrow K = \frac{1}{2} (\omega_x, \omega_y, \omega_z) \begin{pmatrix} m(r^2 - x^2) & -mxy & -mxz \\ -mxy & m(r^2 - y^2) & -myz \\ -mxz & -myz & m(r^2 - z^2) \end{pmatrix} \begin{pmatrix} \omega_x \\ \omega_y \\ \omega_z \end{pmatrix}$$

$\overset{\text{3}}{\text{I}_{ij}}$

Or, it can be written as $K = \sum_{i=1}^3 \sum_{j=1}^3 \frac{1}{2} \omega_i I_{ij} \omega_j$

The moment of inertia

I_{ij} appears in the expression again. Apparently, I_{ij} plays a central role in rotational dynamics.



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